

THRIVE

Wisdom

Leadership & Executive Coaching

See your blind spots. Your patterns.

The ways you're building trust —
and the ways you may be unintentionally eroding it.

That's what this work is built around.



What This Looks Like

You bring what's live — a pattern, a challenge, a piece of feedback you keep turning over, or simply the sense that something isn't landing the way you intend.

Together, we get underneath it — what's driving it, the impact it may be having, and what becomes possible once you can see it more clearly.

Because once you can see a pattern, you have real choices.

What Most Development Misses

Most leadership development focuses on building trust.

This work also focuses on what quietly erodes it.

Because the same well-intentioned behaviors that feel like good leadership can land differently for the people on the other side.

You can:

- ✓ Communicate more — and unintentionally discourage honesty
- ✓ Increase accountability — and unintentionally create fear
- ✓ Give feedback — and unintentionally diminish confidence
- ✓ Delegate more — and unintentionally create confusion

Leadership Mirror™ Assessment

The Leadership Mirror compares how you believe your leadership is experienced with how your team actually experiences it.

It makes visible where perceptions align, where meaningful gaps exist, and where trust may be quietly eroding.

Intention is yours. Impact is theirs.



About Mayte

● **30+ Years** — Coaching & Developing Leaders
Thousands across all levels and industries.

● **35+ Years** — Leading People
I've lived leadership — not just coached it.



Public recommendations available on [LinkedIn](#).
From leaders, colleagues, and HR partners.

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